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# The Kids League Uganda

And

**Sport for Development Research Initiative  
Findings Launch and Workshop**

*Cape Town, South Africa*  
(16<sup>th</sup>- 17<sup>th</sup> November 2010)

**Presentation**

**By**

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# The Kids League



# TKL's experience of the SRI Initiative



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- TKL employed an M&E specialist to lead the project
- ***'Sport contributes to the personal development and sense of well being of disadvantaged children and young people'***
- A tried and tested, user friendly, monitoring and evaluation tool
- Value/impact of sport
- Methodology that informs programme design and enables more effective, inclusive and sustainable programmes



# TKL's experience of the SRI Initiative



Field visit from Professor Fred Coalter in July 2007

- Providing technical advice, training and support to the TKL team.
- Development of outcomes, activities and monitoring tools with Fred's input.
- Outcomes would focus on self efficacy rather than only self esteem



# TKL's experience of the SRI Initiative



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- **After Reviewing The Possible M&E Tools :**
  - Before and after Questionnaire Was The Best Option,
- **TKL Then Developed This Questionnaire**
  - Very Long Process
  - 4-5 Months And
  - Over 7 Draft Versions
- **The Questionnaire Covered**
  - Self Efficacy,
  - Sporting Ethics,
  - Development Of Life Skills
  - Gender Equality
  - Participation.

### Sports Questionnaire

COMPLETE ONE QUESTIONNAIRE PER RESPONDENT

Thank you for taking the time to complete this questionnaire. We are interested in learning about your views and **THESE ARE NO RIGHT OR WRONG ANSWERS**. Your responses will be treated in total confidence.

Date: \_\_\_\_/\_\_\_\_/\_\_\_\_      Time of interview: Start: \_\_\_\_      Finish: \_\_\_\_

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1. How do you view the game of The Kids League in this country?

Yes  No

2. Do you play football/football regularly?

Yes  No  Often

3. If YES, where do you play football? (tick all that apply)

In school

At a club

At a sports centre

Other place

4. I am going to ask a list of issues that people feel are important in football in your country. **READ EVERY ONE. They [of these] apply to you?** Tick the 2 issues that you think are most important.

Which is most important?	2nd most important?	3rd most important?
Having good skills		
Being fit		
Knowing your skills		
Knowing all the players		
Personal fitness		
Knowing the rules of the game		
Knowing the tactics		
Knowing the rules of the game		
Knowing the rules		
Other, please state		

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5. I am going to ask you a series of statements that you should tick as to how often you agree or disagree with each.

	Agree	Disagree
Working a lot hard to get a lot of playing football/football	<input type="checkbox"/>	<input type="checkbox"/>
When playing football/football I should respect my opponents	<input type="checkbox"/>	<input type="checkbox"/>
Only the best players should be allowed to play football/football	<input type="checkbox"/>	<input type="checkbox"/>
When playing football/football I should be fair to all my opponents	<input type="checkbox"/>	<input type="checkbox"/>
All players should be given the same opportunity to play a football/football	<input type="checkbox"/>	<input type="checkbox"/>
When playing football/football I should respect my opponents	<input type="checkbox"/>	<input type="checkbox"/>
Working a lot hard to get a lot of playing football/football	<input type="checkbox"/>	<input type="checkbox"/>
You should not cheat in a football/football game	<input type="checkbox"/>	<input type="checkbox"/>

6. I am going to ask you a series of statements that you should tick as to how often you agree or disagree with each.

	Yes	No
I am happy with the way that I play football/football	<input type="checkbox"/>	<input type="checkbox"/>
I feel confident when I play football/football	<input type="checkbox"/>	<input type="checkbox"/>
I am confident about my own playing football/football	<input type="checkbox"/>	<input type="checkbox"/>
I feel confident about my own playing football/football	<input type="checkbox"/>	<input type="checkbox"/>

7. I am going to ask you a series of statements that you should tick as to how often you agree or disagree with each.

	Yes	No
I feel a football is made for fun with my friends	<input type="checkbox"/>	<input type="checkbox"/>
When I play football/football I feel that I am playing for my own enjoyment	<input type="checkbox"/>	<input type="checkbox"/>
When I play football/football I feel that I am playing for my own enjoyment	<input type="checkbox"/>	<input type="checkbox"/>

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# TKL's experience of the SRI Initiative



## Case study location

- Gulu - Northern Uganda



# TKL's experience of the SRI Initiative



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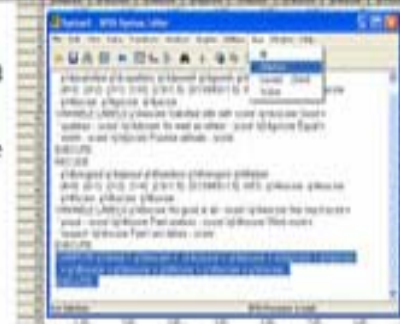
## Data collectors conducted the before league surveys in Gulu

- In total 60 girls and 60 boys were interviewed
- After the 6 week season the same children were interviewed
- For example, is there a change in the level of self efficacy before and after participation in sports activities?
- And if so, what level is this at?

### Run Selected Commands

If you want to run a selected command on the Syntax File:

- Highlight the command to be run.
- Click on 'Run'
- Select and click on 'Selection'.



This will generate a new variable in the data file with the totalled Rosenberg scores for each respondent.

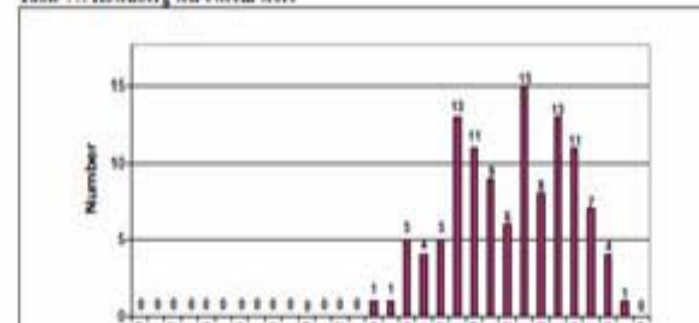
### Step 4 – Run frequencies

You can now run frequencies for **q14total**, with statistics (e.g. mean average, range, SD).

### Step 5 – Create chart

Using the frequencies from **q14total**, you can create a chart in Microsoft Word showing the distribution of scores.

Table 77: Rosenberg self-esteem score



# TKL's experience of the SRI Initiative



- **TKL facilitated a monitoring and evaluation training workshop for district staff**
  - Participatory exercises on the theories behind M&E and practical solutions on how to collect data to report on outcomes based results.
- **TKL Trained data collectors to do one-on-one interviews with the children**
- **TKL trained 5 data collectors on how to complete the research questionnaire**
  - local language, Acholi
- **TKL staff then implemented the designed questionnaires in Gulu**
  - A Before league survey for one league season was implemented for 60 girls and 60 boys aged 12+
  - After the season TKL Conducted the “after league survey” and then processed to the data entry process.



# TKL's experience of the SRI Initiative



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- **The M&E tools and SPSS software as well as the M&E manual and presentation have been retained within the organisation**
  - Induction and orientation process for all new TKL recruits.
  - Organisation learning achieved for the initiative can be passed on
- **TKL enlisted an external data analysis firm to help formulate a the final data analysis report**
  - (Steadman Group)







# What TKL has learned from the experience of being involved in the research project

- **The Kids League has benefited and learnt in various ways from the SRI**
  - The Development of a Monitoring and Evaluation system that can be used to measure the large number of different sports programmes which TKL engages in around the country
- **Building organisational capacity through staff training in monitoring and evaluation**
  - Knowledge on how to measure the impact of sports programmes



# What TKL has learned from the experience of being involved in the research project



- **TKL has come up with appropriate indicators that can now measure the outcomes of its non-sporting objectives in the field of :**
  - Health
  - Education
  - Sporting Ethics
  - Gender Attitudes
  - Relationships with others/Integration
  - General self-efficacy
- Improved documentation and systemisation of the data collected
- Monitoring system
- M&E Training



# Limitations to Organisational learning



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## Staff turnover

- As result of limited M&E trained personnel in Uganda and growing demand for M&E trained personnel by various organisations in the country; TKL has lost 3 M&E trained staff to other organisations during the research period of 3 years:

**However the importance of M&E has been retained in the organisation:**

- Final M&E questionnaire
- SPSS software is a still available
- Training Materials - Power Point Presentation etc
- M&E manual



# What TKL has learnt about doing M&E, Programme design and participating in wider research projects

- **M&E will be used to:**
  - Enhance performance
  - Improve accountability to all stakeholders including beneficiaries and donors
- Enhance communication
- Facilitate learning
- Developing institutional strategies to achieve desired outcomes
- **Tangible Outputs**
  - A TKL specific M&E system
  - Evidence of reporting on outcomes for each project
  - TKL staff trained in M&E
  - M&E Manual to serve as a user guide for all TKL staff
  - A Management Information System (MIS) to record and store the data





# What TKL has learnt about doing M&E, Programme design and participating in wider research projects

## The M&E tools that have been developed for TKL future use include

- Focus Group Discussions
- Questionnaires for a before and after league survey
- A questionnaire to measure social capital
- Registration form to include more information about a child's background

## Community Involvement:

- TKL will continue to carry out its sports activities using community volunteers to allow for community ownership of the programme as well as reach a wider section of children in the community

## Inclusion:

- There will be a slight change in the training for girls in sports to consider the training time, the trainer/coach and other social activities that prohibit full participation of girls in the sports programmes

# Inclusion



# Conclusions



The final report it indicates:

- that the Kids league participants showed significant increases in both average self efficacy and self esteem scores in most if not all fields. E.g ethics, gender attitudes etc
- No significant difference in the degrees of change between the sexes
- A significant relationship between self efficacy and self esteem

These results on the surface appear to be positive and indicate that TKL delivers programs that lead to positive outcomes

# Conclusions



**However to be self critical, which I believe all organisations should be to enable continuous improvement to its programmes**

**This also begs the question:**

- are our programs and program delivery really that good that they lead to such significant improvements after only a 6 -7 week intervention or are there other contributing factors?

**There is no doubt that the final report is a robust analysis of the data collected.**

- but is the data collected robust enough for the results of its analysis to be a real answer to the question posed?



**Thank You For Your Time  
And Attention !!**





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